

NAA National Traditional Target Archery Championship

Rules and Procedures:

The NAA Board of Governors (BOG) at its October 1996 meeting adopted a resolution to begin holding a National Traditional Target Archery Championship in conjunction with the NAA National Target Championship. The Championship includes the following elements:

Competitions: The Traditional Target Archery Championship will be held on the weekend prior to the beginning of the main NAA outdoor nationals. Competition will consist of a York Round for men, A Hereford Round for women, A Clout round for men and women, and an American round for men and women as follows:

A York Round for men:

72 arrows at 100 yds, 48 arrows at 80 yds. and 24 arrows at 60 yds.
(122 cm / 48 in. multicolor target face)

A Hereford Round for women:

72 arrows at 80 yds, 48 arrows at 60 yds. and 24 arrows at 50 yd.
(122 cm / 48 in. multicolor target face)

A Clout Round

Men, 36 arrows at 180 yd. /165 meters

Women 36 arrows at 125 meters

(Target to be 5 concentric circles marked on the ground, each scoring band measuring 1.5 meters in radius and with the outer most circle diameter measuring 15 meters in diameter; the scoring is 5-4-3-2-1}

0 to 1.5 meter radius, 5 points (3 meter diameter)

1.5 to 3 meter radius, 4 points (6 meter diameter)

3 to 4.5 meter radius, 3 points (9 meter diameter)

4.5 to 6 meter radius, 2 points (12 meter diameter)

6 to 7.5 meter radius, 1 point (15 meter diameter)

An American Round: 30 arrows at 60 yds, 30 arrows at 50 yds. and 30 arrows at 40 yds.
(122 cm / 48 in. multicolor target face)

Awards: There will be awards for each competitive round (York, Hereford, Clout and American) as well as overall championship awards based on the combined scores from each round; (York, Cloud and American for Men, Hereford, Clout and American for Women)

There will be separate awards for foreign visitors (non-U.S. citizens)

The York and Hereford Round awards should be based on the traditional British Longbow Society (BLBS) system (most hits, highest score (of those who did not achieve most hits), and most golds (of those who did not achieve most hits or highest score)); the American and Clout round and overall championship awards will be based on total score and will be made for 1st, 2nd and 3rd places in each division;

Indoors:

This traditional archery competition was subsequently extended to include equipment divisions in the annual NAA Indoor Nationals.

Bow Types: Equipment divisions include:

- a) "Traditional" all-wood British Longbows/American flatbows without arrow rests/shelves, AKA "Traditional Longbow", all longbow competitors must shoot wood arrows.
- b) Longbows (Modern) made with fiberglass or other "modern" man-made materials and other longbows with arrow rests or shelves, AKA "Modern Longbow", all longbow competitors must shoot wood arrows.
- c) "Traditional" recurve bows with wood handles/risers, AKA "Traditional Recurve". In 2004, the NAA's BOG Executive Committee approved a traditional recurve division as well.

(For more information, contact Norm Graham, (517) 655-4755/ grahamn@msu.edu, Chair of the NAA Traditional Target Archery Committee.)

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Equipment: Rules governing the traditional equipment used in the National Traditional Target Archery Championship and National Indoor Championship. Equipment rules for the divisions are as follows:

A. General Longbow Rules:

Binoculars and spotting scopes are not permitted.

1. **Longbow (Traditional and Modern Longbow)** - is defined as a wood bow without recurve in the limb tips, (i.e., the string must not rest on the upper or lower limb but rather must contact the bow only at the string nocks.)
2. **Stabilizers** or counterweights, or bows built up to serve the same function will not be allowed.
3. **Protruding bow sights** will not be allowed. However a **movable band/"O-ring" or rubber band** on the bow limbs will be permitted as long as this band is no larger than 1/8 inch wide or high. An alternative allowed sighting method is the moveable "**Point-of-Aim" on the ground**. This cannot exceed a height of 6" above the ground or be larger than 3" in diameter.
4. **No cushion plungers** or similar mechanical or metal apparatus shall be used. However, the side of the bow where the arrow comes in contact with it may be built out slightly with a **leather pad**.
5. **Arrows will be of wood** and fletched with feathers. Points shall be of a type that will not inflict undue damage to target faces or buttresses. Arrows shall be identical in length, weight and color, except for normal wear. Point weight may be of any value and is not restricted to 125 grains.
6. **Finger Protection** in the form of finger stalls or tips, gloves, shooting tab or tape (plaster) is allowed to draw, hold back and release the string, provided it does not incorporate any device to help in holding, drawing and releasing the string. (For example, mechanical releases or hooks are not permitted.) A separator between the fingers to prevent pinching the arrow may be used. On the bow hand an ordinary glove, mitten or similar item, may be worn.

B. Traditional Longbow Division Rules:

1. **British Longbow or American flat** all wood bows without arrow rests, shelves or center shot cut shelves are used in this division. The bow may be laminated, but no man-made materials, (beyond glue) may be used as backing or in other layers of the laminate.
2. **Horn string nocks** are not required.
3. **Fast flight** or other similar newer type (limited stretch) strings (except Dacron) are not allowed.

C. IBO and NFAA "Modern" Longbow Division Rules:

1. **Longbows** made with fiberglass laminates or other "modern" man-made materials are allowed in this division.
2. **Arrow rests**; shelves and center shot cut shelves are also allowed.

D. General Traditional Recurve Rules:

Binoculars and spotting scopes are not permitted.

Traditional Recurve Division Rules including Traditional Recurve Rule Changes (adopted March 2006 by NAA BOG)

1. **Traditional Recurve** must have a wooden riser and can be either a one piece bow or a take down. No carbon limb composites or foam limbs, just wooden core limbs with glass overlays.
2. **Arrows** may either be wood or aluminum but may not be carbon or aluminum carbon composites. Arrows must have feather fletching.
3. **Bow sights** are allowed that are wood, steel or aluminum construction (no carbon) using a single adjustable sight aperture with no magnification or level and must be directly attached to the bow with no extensions. A point of aim marker may also be used but not in the combination with a bow sight.
4. **Bow stabilizers** may also be used, but must be no longer than 10 inches in length and constructed either of wood, steel, brass, copper or aluminum. Rubber may be incorporated in the stabilizer but no carbon.
5. The use of a **draw check mirror, level, string peep, clicker** or other draw checking devices will not be permitted.
6. **Bow string** material will be limited to Dacron.
7. **Arrow rests** should not be used with a cushion plunger or Burger button. Flipper rests or duel prong rests will not be permitted. Arrow rests to be used are the Hoyt Super Pro Rest or equivalent or the Bear brush rest or equivalent. **Arrow rests**, shelves and center shot cut shelves are also allowed.
8. **Finger Protection** in the form of finger stalls or tips, gloves, shooting tab or tape (plaster) is allowed to draw, hold back and release the string, provided it does not incorporate any device to help in holding, drawing and releasing the string. (For example, mechanical releases or hooks are not permitted.) A separator between the fingers to prevent pinching the arrow may be used. On the bow hand an ordinary glove, mitten or similar item, may be worn.

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